



Beech Brook
HELPING CHILDREN & FAMILIES THRIVE

What is Telehealth?



To be safe from the Coronavirus, we need to keep our physical distance.



Telehealth is when your therapist will visit with you and your grown-ups through the screen on your device, just like when you watch a movie.



What is a device?

Tablet

Computer

iPad

Laptop

Smartphone

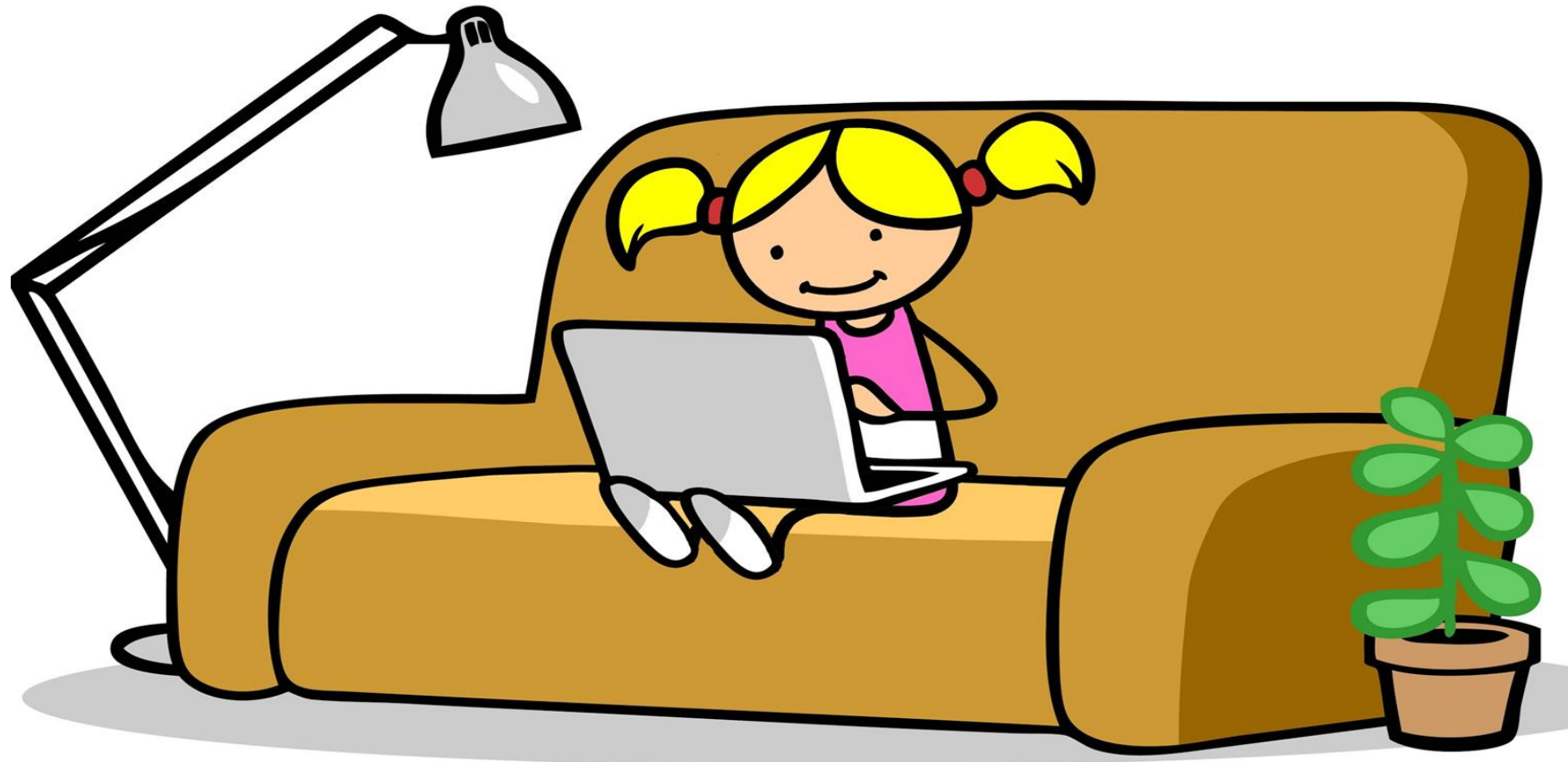


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Before our visit, we need to be prepared. There are some things to do to make sure we're ready for our visit.

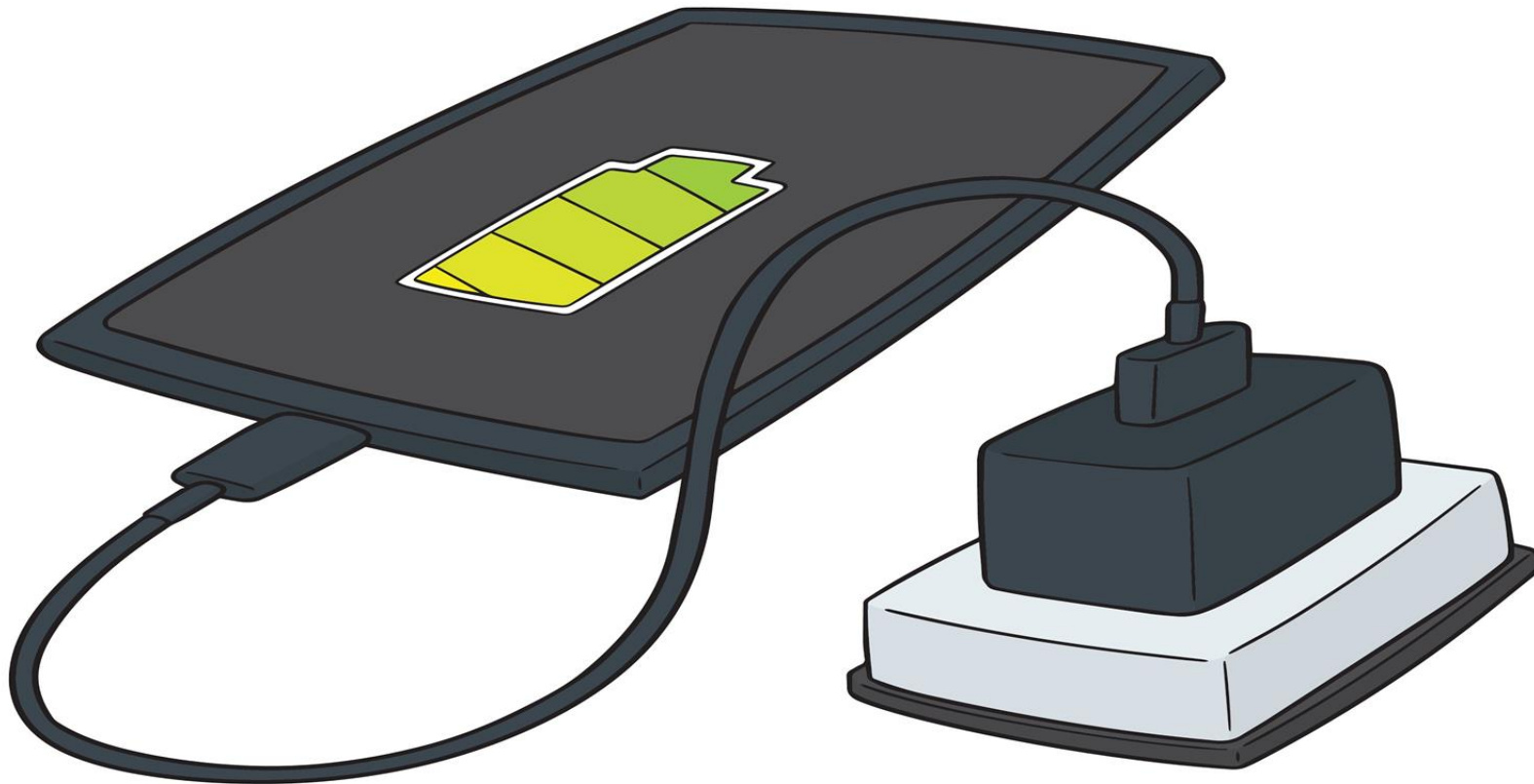


Be home, be dressed.



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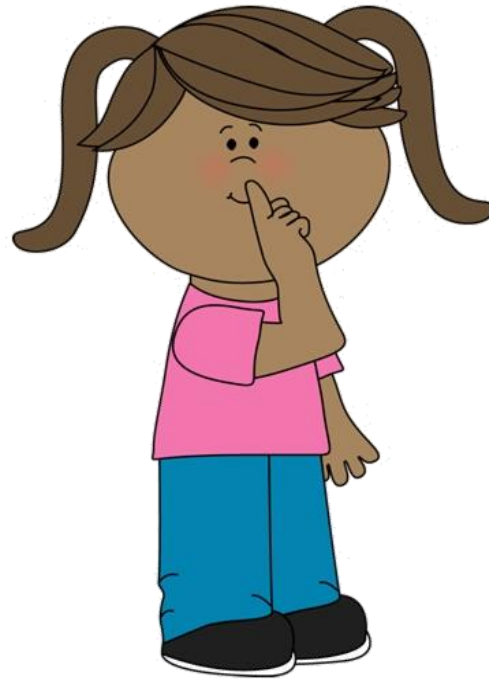
Charge your device.



Find out how you will connect on your device and practice this before your appointment.



Find a quiet place for the session. We want to make sure that you can focus and we can hear each other.



Make sure you can see your therapist and your therapist can see you.



Stay close to the screen, but not too close.



Just like when we visit your home, we'll be doing activities together. We will learn new things and practice them.



Your therapist will be happy to see you on the screen of your device!

