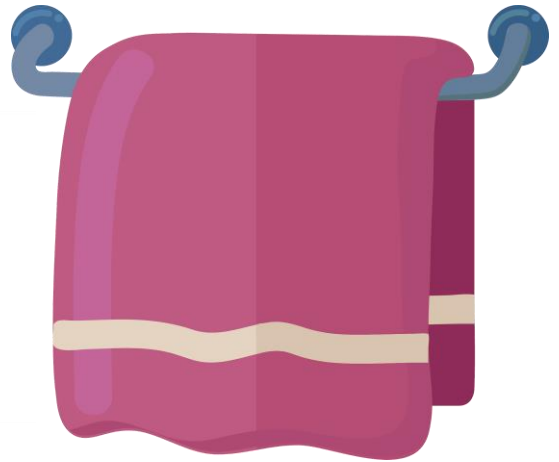
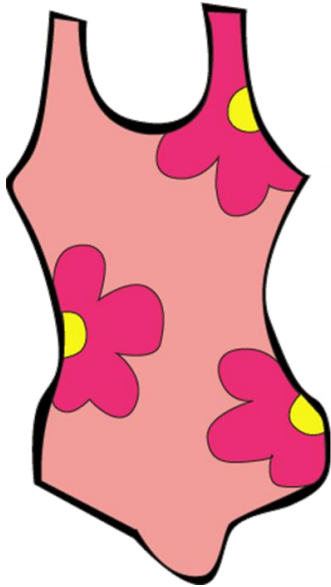


My Day at the Beach

A Social Story for Young Children



We each put on our swimsuit and grabbed a towel.



To protect us from the sun, we used sunscreen, sunglasses, sandals and hats.



We packed some snacks and lots of water. It is important to drink water when we are in the sun.



A bucket and shovel can be used to build a sandcastle or to dig for shells.



I learned that it is very important to follow all safety rules near the water and stay close to adults. I liked playing in the waves.



I was scared to go in
the water at first.
But there are no
sharks in the lake,
so it is safe to play!





The beach can get very crowded on a hot day. I stayed close to my family so I did not get lost.

Before we left, we were careful to put all our trash in the trash can so people will not step on something sharp or gross with their bare feet and so the fish and birds do not get sick.



We also used the shower to wash off the sand so we did not take too much of the beach home with us.



That was fun! Let's do it again!

