



Beech Brook

HELPING CHILDREN & FAMILIES THRIVE

Fresh Air Therapy Appointments

for young children

By Ashley Terry and Hannah Carbrey

It's nice to see your therapist in person. With good weather, that can happen sometimes!



If the weather is not so good, you might have to meet with your therapist later, on a phone call or video call.



When a therapist visits in person, it will be outside,
with masks, and at a distance.



This means that we must stay 6 feet apart!



If you get too close, don't worry!
Your therapist will remind you.

If grown-ups get too close, *you* can remind *them*!





This is to keep everyone from getting sick!



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One idea to make sure we stay far enough apart is to draw a chalk line on the driveway and make sure to not cross it during the visit!



To keep each other safe, we'll have to keep our hands to ourselves and not share toys or other items.

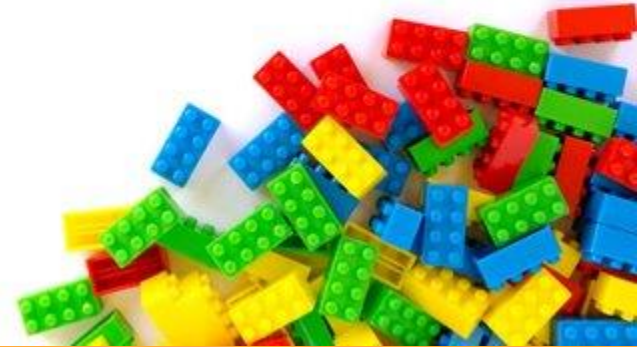


That means that there are some things that you can't do yet, like give hugs or high fives.





So for now, no board games or Legos.

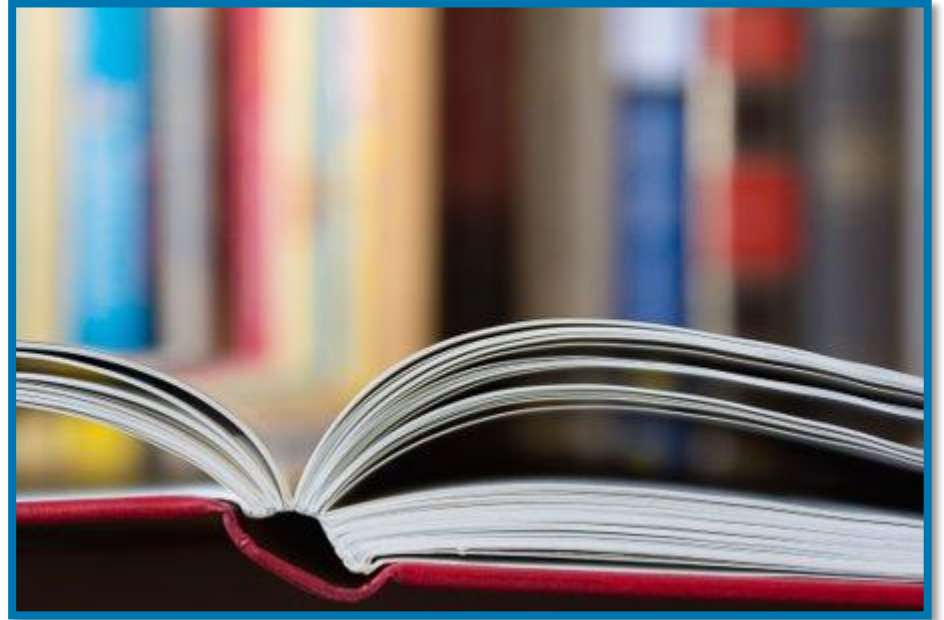


There are so many other ways to have fun!



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We can read a book!



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We can sing songs!



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We can play hopscotch!



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We can create artwork!



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We can play 'I Spy!'



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We can blow bubbles!



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We can draw with chalk!





We can dance!



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When it's time to say goodbye to your therapist, you can choose how you would like to say goodbye from a distance!

