



## Our Mission

*Helping children and families thrive by promoting healthy child development, strengthening the ability to overcome adversity, and enhancing family health and stability*

## Community-Based Treatment

**Family Preservation** - short-term, in-home therapy and crisis intervention services to stabilize and support the family when a child is at risk of an out-of-home placement because of severe emotional or behavioral problems; available 24 hours a day/ seven days a week

**Intensive Home-Based Treatment (IHBT)** - an evidence-based program offering immediate, short-term and intensive mental health treatment and support services to stabilize at-risk youth and their families

**School-Based Behavioral Health Services** - mental health support and services for children struggling with emotional and behavioral issues; includes individual and family counseling, support groups, parent support and education and linkage with community resources). School-based services provided in Cuyahoga, Summit, Lorain, and Geauga counties

**REACH - (Releasing Excellent Alternative Community Help)** - mobile Community Psychiatric Support Treatment to emotionally and behaviorally troubled children, teens and their families in schools, homes and neighborhoods. Often provided in conjunction with school-based behavioral health services

**College Success Connection** - a partnership between Beech Brook, College Now and Say Yes Cleveland to provide mental health services to their scholarship students at any Ohio college or other post-secondary education program

**SAFE - (Successful Alliance for Family Engagement)** - support and wraparound services for children with serious mental health issues to help them live safely in families and in the community. Part of the Cuyahoga County Tapestry System of Care

**Outpatient Mental Health Services** - therapy for children, teens and their families through Beech Brook's Outpatient Mental Health Clinic, including individual and parent counseling, mental health assessment, safety and treatment planning, and access to psychiatric services

## Education, Prevention and Early Intervention

- **Family Center** – a center where families come for classes, resources and support and the headquarters for many of Beech Brook’s prevention and early intervention services
- **Parenting** – programs and classes to strengthen families by helping parents/caregivers understand their children at various developmental levels and improve discipline and communication. Programs include Parenting Classes, including groups for Teen Moms, Healthy Relationships, Fathers, Anger Management, and a Parent Café held at the Family Center and other neighborhood sites every other month.
- **Stewards of Children** – an adult-focused training program centered on increasing the awareness of the prevalence, consequences and circumstances of child sexual abuse; workshops will be presented to parents/guardians of children in the Cleveland Metropolitan School District.
- **Connect** – an evidence-based 10-week group program for parents and alternate caregivers of pre-teens and teens who struggle with significant behavior problems and mental health issues. Connect focuses on helping parents understand the core components of secure attachment and how that impacts teens during this phase of their development.
- **Health and Wellness** – assessments, education and client-specific coaching to help parents and children improve their physical health and well-being
- **The Hub** - a community care coordination model consisting of about 20 pathways. The goal is to reduce health risks, specifically in infant mortality.
- **Comprehensive Sex Education** – evidence-based, inclusive, medically accurate, age-appropriate curriculum for students in grades 5-12, including skill building and healthy decision making; reproductive health and development; pregnancy and STD prevention; and social and emotional development
- **K-12 Prevention** – prevention services tailored to the interests and needs of an individual school district; currently provided in partnership with five Cuyahoga County school districts
- **S.T.E.P.S. (Security, Touch, Eyes, Play and Sound)** – classes where parents learn to influence early brain development and stimulation through purposeful play and interaction with their infants and young children
- **STRIDE (Skill Building, Teaching, Role Modeling, Independence, Development Empowerment)** – a mentoring program that provides role models for at-risk youths to help increase home or foster care placement stability and reduce risk of out of home placement

- **Supportive Visitation** – coaching to parents whose children have been removed from their homes
- **Nurturing Parenting** – family-centered, trauma-informed curriculum that builds parenting skills and good child-rearing practices to prevent abuse and neglect
- **PAR (Police Assisted Referral)** – a program offered in cooperation with the Cuyahoga Metropolitan Housing Authority (CMHA) Police and other social service providers aimed at identifying residents in CMHA housing who may need assistance and support
- **Family Stability/Homeless Prevention Services** – social services and support to stabilize and prevent homelessness for families living in housing managed by the Famicos Foundation and in other apartment complexes throughout the city
- **CARES Act Services** – help with food assistance, referrals for community services and resources for Cleveland families impacted by COVID-19.
- **Early Childhood Services**
  - **In-Home Mental Health Services** – home-based therapy and early intervention for children ages 0-5 who are struggling with emotional, behavioral and/or developmental challenges
  - **Childcare Consultation** – training and site-based consultation for childcare centers to help identify and refer children with behavioral problems and/or developmental challenges
  - **Parent-Child Interaction Therapy (PCIT)** – evidence-based parent training intervention that teaches caregivers specific behavior management techniques as they play with their child

## Homes for Children and Teens

### Foster Care/Adoption

- **Levels 1-3** – foster care for troubled children and teens who have been removed from their homes because of abuse and neglect, exposure to violence or parental drug and alcohol addiction
- **Level 4** – strength-based therapeutic foster care for children and teens stepping down from or at risk of residential treatment because of serious emotional and behavioral challenges
- **Bridges** – supportive services, including case management and housing, for youth aging out of foster care to help them successfully transition into adulthood
- **Adoption** – Foster-to-adoption assistance for families who choose to adopt their foster children

## Locations

Campus • 3737 Lander Rd. • Pepper Pike, Ohio 44124  
Family Center • 6001 Woodland Ave., 2<sup>nd</sup> Floor • Cleveland, Ohio 44104

[www.beechbrook.org](http://www.beechbrook.org) • 216.831.2255 • 877.546.1225

To make a referral or for more information:

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[Intake](#)

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