

Our **Kids**. Our **Community**.



Our **Future**.

BEECH BROOK ANNUAL REPORT

July 1, 2018 – June 30, 2019



“

What we instill
in our children will be
the foundation upon which
they build their future.

”

Steve Maraboli

speaker, author and behavioral scientist



In our 167th year, Beech Brook touched more than 14,000 lives in our community, bringing healing to troubled children, strengthening and supporting parents, and planting the seeds of hope for a brighter future.

But for those seeds of hope to thrive, they must be planted in fertile soil. And for too many children and families, hope struggles to take root amidst the relentless burdens of poverty, lack of education, trauma and violence. It's hard for hope to flourish when the opportunities available for some are out of reach for far too many. For every child who is denied the chance to reach their full potential, our community becomes a poorer place.

Building a strong foundation today for the children who will become tomorrow's parents matters. What we instill in our children today — all of our community's children — is what they will take into their future. What they learn today, they will teach their own children.

The future of every child matters to all of us who share this community, and it will take all of us, in our own ways, to shape that future.

This year Beech Brook had an impact on more than 14,000 lives. But we didn't do it alone. It took many partners who shared the vision of a future where every child and family can thrive to reach that number...partners in education, human services, government, law enforcement, the business community, our donors and our generous philanthropic institutions.

Because together we are stronger.

Together we can make a difference...to our **kids**, our **community**, our **future**.





Here's how your investment in Beech Brook helped more than **14,000 children and families**

14,238
Children and Families Served

July 1, 2018 – June 30, 2019



PREVENTION, EARLY INTERVENTION AND EDUCATION

Comprehensive Sex Education – 3,636

Early Childhood Services

- In-Home Mental Health Services – 177
- Child Care Consultation – 170
- Consultation to CEOGC Head Start Centers – 208
- Parent-Child Interaction Therapy – 4

Family Center

- Anger Management – 368
- Family Drop-In – 353
- Family Stability/Homeless Prevention Program – 157
- Family-Focused Outings/Workshops – 487
- Fathers Groups – 59
- Health and Wellness Community Activities – 53
- Health and Wellness Coaching – 4
- Healthy Relationship Series – 48
- Behavioral Health – 91
- Teen Moms – 20
- PAR (Police Assisted Referrals) – 537
- Parenting Classes – 183
- Parenting Workshops – 227
- S.T.E.P.S. (Security, Touch, Eyes, Play and Sound)

Early Brain Development Classes

- Parents – 292
- Children – 351

- VOCA (Victims of Crime Assistance) – 319
- Supportive Visitation (Families) – 113
- Community Wraparound at Patrick Henry School – 320
- Towards Employment Parenting Program – 120

Therapeutic Tutoring – 41

Seminars for Divorcing Parents – 1,504

COMMUNITY-BASED TREATMENT AND SUPPORT

ACT Team for Transitional Youth/Young Adults – 70

Art Therapy – 24

Connect (Attachment-Based Parenting) – 13

Family Preservation – 91

Intensive Home-Based Treatment – 50

Nurturing Parents – 9

Outpatient Behavioral Health Services – 199

REACH (Therapeutic Behavioral Services) – 725

SAFE (Case Coordination for Multisystem-Involved Youth) – 38

School-Based Services

- Chardon Schools
 - Direct Services – 326
 - Youth-led Prevention – 26
- Orange Schools
 - Direct Services – 204
 - Therapeutic Groups – 25
- School-Based Mental Health Services – 2,008
- Twinsburg Schools
 - Direct Services – 260
 - Peer-to-Peer Mentoring – 42
 - Adult Prevention and Education Programs – 75

STRIDE Mentoring Program – 44

Therapeutic Yoga – 33

FOSTER CARE AND ADOPTION

Adoptions – 7

Bridges – 28

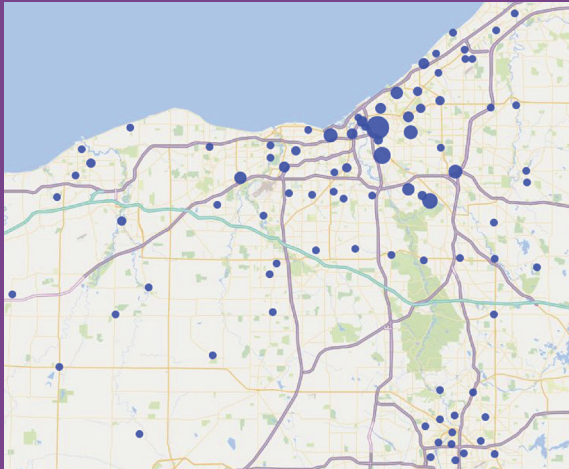
Foster Care

- Levels 1-3 – 55
- Level 4 – 44

Here's how we measure **hope** at Beech Brook.

Our Reach

In FY19, Beech Brook served children and families in Cuyahoga and surrounding counties.



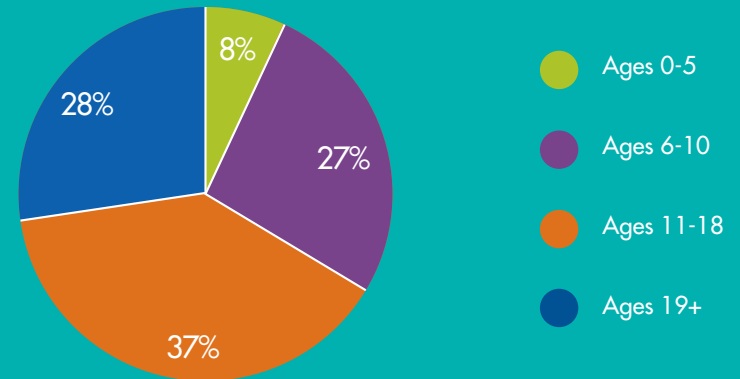
14,238
children and families served

43
programs and services

103
zip codes

Who we **helped**

From babies to grandparents, Beech Brook helped people in every stage of life.



91% of clients across all Beech Brook programs were satisfied with the services they received.

Giving **babies** and **young children** a strong start



Through our S.T.E.P.S. program, parents learned about ways to encourage healthy brain development with children 0-5 years.

97%

of parents said that after taking S.T.E.P.S., they will change some of the activities they will do with their children.

79%

of parents reported an increase in their confidence and optimism about their parenting after the class.

How we **helped**

2,398 children in our school and mental health programs needed help with these primary diagnoses.



“ Thank God for PAR services. I’m not the same person that I was 13 months ago. My family and friends see the difference in me. ”

Rape survivor served by the Police-Assisted Referral (PAR) Program and Beech Brook outpatient therapy

Stabilizing and preserving **families**

141

families in crisis found help through Family Preservation and Intensive Home-Based Treatment.



60

families maintained stable housing and avoided eviction through our Family Stability and Homeless Prevention Program.



Strengthening and supporting **parents**

98%

of our Parenting class participants said they were confident about changing their parenting and improving their family life.

97%

of Anger or Stress Management class participants felt more confident about managing their anger in the future.

Our Supportive Visitation staff conducted visits with families whose children had been placed in protective custody. Approximately **80%** had reached or were near their overall goals toward reunification upon completion of the program.

1,158
visits

113
families

160
children

Supporting **students** in school

2,996 students received therapy and support through our school-based programs in **96** schools.

Those receiving mental health services showed statistically significant reductions in problem severity and improvement in healthy functioning.

